



# FIRE & SALT

## RESTAURANT



### MOTHERS DAY LUNCH MENU – 11<sup>TH</sup> MARCH 2018



#### CAULIFLOWER AND COCONUT SOUP

*Served with selection of fresh breads contains 1, 4*

#### BOILIE GOATS CHEESE BEERTOOT TART

*Rocket leaves, pesto dressing, red onion jam contains 1, 2, 5.*

#### CITRUS CURED ATLANTIC SALMON

*Baby potato and cumin salad, pickle cucumber, lime yogurt contains 9*

#### FIRE & SALT CHICKEN CAESAR SALAD

*Baby cos leaves, parmesan cheese, garlic croutons, lardons, Caesar dressing contains 1, 2, 5*



#### ROAST PRIME SIRLOIN OF IRISH BEEF

*Yorkshire pudding, pomme puree, red wine jus contains 1, 2, 5*

#### PAN FRIED FILLET SALMON

*Crushed baby potato and black olives, basil cream, samphire contains 2, 9*

#### FREE RANGE CHICKEN SUPREME AND PARMA HAM

*Garlic mash potato, tarragon creamy sauce contains 2,*

#### ROAST LEG OF IRISH SPRING LAMB

*Garlic mash potato, rosemary and roast tomato jus contains 2,*

#### WILD MUSHROOM RISOTTO

*Truffle oil, pecorino cheese, watercress contains 2*



#### DARK CHOCOLATE MOUSSE

*Chocolate brownie soil, passionfruit gel, French macarons contains 1, 2, 5*

#### CARAMELISED APPLE AND PEAR CREAM TART

*Green apple puree, caramelised jelly, raspberry and lime sorbet contains 1, 2, 6*

#### TRIO OF ICE CREAM

*Crushed meringue, lemon shortbread biscuit, mango and passionfruit sorbet contains 1, 2, 5, 6*

#### WARM BANANA SPONGE

*Cardamom ice cream, mini meringue, cherry puree, crème anglaise contains 1, 2, 5, 6*



Please note that our chefs prepare all dishes to order, using fresh ingredients. If you prefer your meal without certain ingredients, please feel free to ask and we will do our utmost to facilitate your request.

Please inform us of any food allergies you may have...

Allergens: 1 = Wheat 2 = Milk 3 = Mustard 4 = Celery 5 = Eggs 6 = Nuts 7 = Soybean 8 = Crustacean 9 = Fish 10 = Mollusc 11 = Sesame Seeds  
12 = Sulphur Dioxide and Sulphites 13 = Peanuts 14 = Lupin

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